

**SOUTHERN INDIANA THROWS CLUB**



# Southern Indiana Throws Club Informed Consent & Waiver

Hammer Throw | Weight Throw | Discus | Shot Put

I/We, the parent/guardian(s) of, \_\_\_\_\_  
Southern Indiana Throws Club participant, agree that by allowing my/our child to participate in physical exercise and/  
or track and field activities, I/we am doing so entirely at my/our own risk. I/we agree that my/our child is voluntarily  
participating in these activities, and I/we assume all risks of injury, illness, or death. I/we also agree that Damien Kalvar and/  
or Southern Indiana Throws Club is not responsible for any loss of personal property.

As parent/guardian, I/we acknowledge that I/we have carefully read this "waiver and release" and fully understand that  
it is a release of liability. I/we expressly agree to release and discharge Damien Kalvar and/or any other Southern Indiana  
Throws Club trainers, instructors, employees, and volunteers from any and all claims or causes of actions, and I/we agree to  
voluntarily give up or waive any right that I/we may otherwise have to bring a legal action against Damien Kalvar and/or the  
trainers, instructors, employees, or volunteers of Southern Indiana Throws Club for personal injury or property damage.

If any portion of this release of liability shall be deemed by a Court of competent jurisdiction to be invalid, then the remainder  
of this release from liability shall remain in full force and effect and the offending provision or provisions severed here from.

By filling out and/or emailing this release to Southern Indiana Throws Club, I acknowledge that I understand its content and  
that this release cannot be modified orally. Furthermore, I understand and agree that this emailed document represents my  
consent in lieu of my signature.

Name of Throws Club Participant: \_\_\_\_\_  
Please print name

Parent or Guardian Name: \_\_\_\_\_  
Please print name

Parent or Guardian Signature: \_\_\_\_\_

Address/City/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date: \_\_\_\_\_